



Goal is a top-quality all-inclusive solution for everyday ergonomic relaxation. This classic chair lets you unwind at work and makes it easier to handle everyday tasks successfully and with greater appreciation. Our everyday life is made up of the things that surround us all day long and changes do not simply

occur – they are a result of how we handle things. Goal puts you in a position to turn expertise into success. Its variations are as diverse as the persons using them; Goal emphasises the language of the individual corporate identity in various ways, yet always in a pleasant manner. Each position has its own story.



Swivel chair low, synchronous mechanism, back height adjustment, weight adjustment, black polyamide base (armrests optional)



Swivel chair medium, synchronous mechanism, back height adjustment, weight adjustment, black polyamide base, (armrests optional)





Swivel armchair high with headrest, synchronous mechanism, back height adjustment, weight adjustment, black polyamide base, (armrests optional)



GOAL. FLEXOBALANCE.

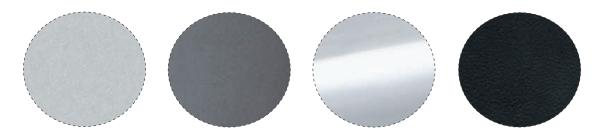
A new feeling that takes the rigidity out of sitting. Together with the synchronous mechanism, Goal FlexoBalance allows the seat to move in further directions, providing an active, ergonomic sitting experience. The freedom of movement in every direction improves the circulation, stimulating the blood supply to the intervertebral discs and back muscles. The active seat mechanism can easily be deactivated if required.



Swivel chair, FlexoBalance element, lockable (armrests optional)

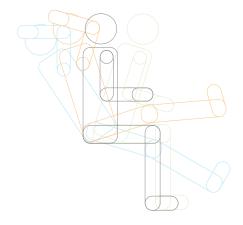


Easily adjusted to your weight, large weight range of 45 kg - 130 kg



Base designs in aluminium brilliant silver, black or polished, black polyamide

FUNCTIONS AND ADJUSTMENT FEATURES



THE NEXT POSITION IS THE BEST

FROM THE SEATING SPECIALISTS

Fact: from an anatomical point of view ergonomics means movement because movement is a critical part of office health. It is a law of nature that effective work processes are one of the most important sources of value-added in the company. Back problems are the greatest causes of absenteeism. A good chair will not heal your back but it is good preventive medicine and eases the pain for those who already suffer. What does an Interstuhl chair do? The patient therapist offers support in each posture. It generates a feeling of well-being in all positions and brings measurable relief.

Naturally, the courage to follow our philosophy of dynamic sitting has meant a break with all the old rules: majestic, immaculate and bolt upright vs. the new philosophy of doing it with gusto, reclining, lounging, looking out the window, concentrating.

"You can sit however you want. Just sit on the right chair." Each new product development with leading research institutes reconfirms this and it is substantiated by scientific input. The result: Interstuhl chairs accommodate every posture so ergonomically that maximum support is ensured.

1. Synchronous mechanism

The synchronous movement of the seat and backrest provides optimum support for the back in every position; the push effect is eliminated.



2. Mechanical sprung column

This ensures that the spine, which is very sensitive to vertical jolts, is not subjected to excessive loads when sitting down, even at the lowest seat height.



3. Base seat height setting

The seat height is a precondition for good sitting. The base seat height adjustment extends the DIN-defined adjustment range and allows ideal sitting for short or tall users.



4. Weight adjustment

The individually adjustable counterpressure of the backrest permits correct sitting for both light and heavy users.



5. Back height adjustment

The support range for the lumbar spine can be ideally adjusted to the height of the user.



6. Seat depth adjustment

Regulates the distance between the backrest and front edge of the seat, thus providing optimum support for the upper thighs; even for taller users.



7. Adjustable seat inclination

Multiple adjustment of the seat in a forwards direction stops the pelvis from tilting back. This relieves the spine and avoids a poor posture.



8. Adjustable lumbar support

The horizontally adjustable lumbar support adapts to the individual curve of the lumbar spine; this reduces the muscle strain.



9. Adjustable armrests

Height adjustment to take the strain off the neck muscles. Width adjustment and pivoting for optimum support angle, depth adjustment for optimum distance to the desk.



10. Headrest

The neck and shoulder muscles are relieved by the headrest when you lean back.







Four legs, stackable (frame brilliant silver optional)



Cantilever frame with armrests, stackable (frame chromed optional)



Product design:

Goal sprung from the Industrieformen studio of Hans-Georg Piorek. "Never believe that something is good enough." This is the idea behind the products of the designers Piorek, this idea is the link between accepting the proven and attempting as yet untried aspects. Goal is the successful realisation of a series-compatible, simple, pleasant yet striking office chair that couldn't be made in a higher quality. Product design: Hans-Georg Piorek © Interstuhl.





Swivel chair low



152G

Swivel chair medium high (armrests optional)



302G

Swivel armchair high (armrests optional)



322G

Swivel armchair high with headrest (armrests optional)

Total height in mm (approx.)	1030	1130	1210	1240	
Plastic colour black	•	•	•	•	
Polyamide base black	•	•	•	•	
Aluminium base black / brilliant silver / polished	0 / 0 / 0	0 / 0 / 0	0 / 0 / 0	0/0/0	
Tubular steel frame black / brilliant silver / chromed	_	_	-	_	
Synchronous mechanism	•	•	•	•	
Base seat height setting	0	0	0	0	
Mechanical sprung column	0	0	0	0	
Weight adjustment	•	•	•	•	
Back height adjustment	•	•	•	•	
Seat depth adjustment	0	0	0	0	
Adjustable seat inclination	0	0	0	0	
Adjustable lumbar support	0	0	0	0	
Headrest	_	_	-	•	
2D T-armrests, adjustable in height and width	0	0	0	0	
4D T-armrests, adjustable in height, width and depth, rotatable	0	0	0	0	
Double castors hard / soft	• / 0	• / 0	• / 0	• / 0	
Glides hard / soft	0 / 0	0 / 0	0 / 0	o / o	
Glides hard / soft	-	-	_	-	
Sit-stop-castors	_	-	_	_	
Stackable (6 pieces)	_	_	-	-	

[•] Standard • Option – Not available

PRODUCT OVERVIEW.





Counter chair, Glides and footring, Ø 470 mm (armrests optional)



152GM

Swivel chair (ESD antistatic), medium high (armrests optional)



156GW

Swivel chair, FlexoBalance element, lockable (armrests optional)



400G

Four legs, stackable



450G

Four legs with armrests, stackable



Cantilever frame, stackable

500G



550G

Cantilever frame with armrests, stackable

1600	1130	1225	940	940	965	965		
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Ergonomics approved (Swivel chairs)















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